

## Criteria for Discontinuation of Home Isolation/Quarantine

Reason	Positive Test and Symptoms	Positive Test but No Symptoms	Negative Test and Symptoms and No Exposure	Exposure and No Symptoms	Travel to High-Risk Area
Quarantine or Isolation*	Isolation	Isolation	N/A	Quarantine	Quarantine
Criteria	<p>≥10 days have passed since symptom onset  <u>AND</u>                  ≥24 hours have passed since resolution of fever without the use of fever-reducing medications  <u>AND</u>                  Other symptoms have improved</p> <p>The test based strategy is no longer recommended</p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised, see Source for details</i></p>	<p>At least 10 days have passed since the date of their first positive COVID-19 diagnostic test</p> <p>The test based strategy is no longer recommended</p> <p><i>Additional requirements exist for patients who are immunocompromised, see Source for details</i></p>	<p>≥24 hours have passed since resolution of fever without the use of fever-reducing medications  <u>AND</u>                  Other symptoms have improved</p> <p><b>OR</b></p> <p>Based on the recommendations for an alternative diagnosis if made (e.g., influenza or strep pharyngitis)</p>	<p>14 days from the date of last exposure <i>even if COVID-19 test is negative</i></p> <p>(Exclusions apply for healthcare and essential service workers, see <a href="#">DPH guidance</a>)</p>	<p>14 days from the date of arrival in Massachusetts  <b>OR</b>                  Negative test taken no longer than 72 hours before arrival in Massachusetts  <b>or</b>                  After arrival in Massachusetts, but must quarantine until a negative result is obtained</p> <p><i>Testing is not required for children, 10 years and younger, who are traveling with an adult from their household</i></p> <p><b>OR</b></p> <p>Exclusion criteria is met, see <i>Source for details</i></p>
Source	<a href="#">CDC</a>	<a href="#">CDC</a>	<a href="#">MA DPH and DESE</a>	<a href="#">MA DPH</a> and <a href="#">CDC</a>	<a href="#">MA DPH</a>

**Return to Work for Healthcare Personnel:** “For HCP who were suspected of having COVID-19 and had it ruled out, either with at least one negative test or a clinical decision that COVID-19 is not suspected and testing is not indicated, then return to work decisions should be based on their other suspected or confirmed diagnoses.” (Source: [CDC](#))

\*Isolation separates sick people with a contagious disease from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. ([CDC](#))